CHIROPRACTIC EDUCATION AUSTRALIA

DISTANCE EDUCATION MODULES

Complete your CE the easy way!

Complete your CPD the easy way in your own time.

Choose from over **30 Distance Education Modules** covering many topics:

- ✓ Examining the Child (NEW)
- ✓ McGill's Enhancing Performance (NEW)
- ✓ Therapeutic Taping (NEW)
- ✓ Geriatric Patient (NEW)
- ✓ Dr. Teo – Neurological Examination
- ✓ Plus many more

Chiropractic Education Australia

McGill – Enhancing Performance

Stuart McGill

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Enhancing Performance"
- ✓ Educational papers
- ✓ 1 x Question sheet

NEW

6 HOURS FORMAL LEARNING

Stuart McGill's approach has helped leading athletes return to world class levels in many professional sports following injury. This DE module begins with assessment approaches to determine starting exercises and training loads. Progressions are then developed to ensure enhanced athleticism with balanced stability/mobility, endurance, strength, speed and power. The information presented in this module is also very suitable to assist in training the "average" patient to increase their functional capacity.

CEA Member $ 230.00 / Non-Member $ 250.00

Examining the Child

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "KiroKids-Examining the Child"
- ✓ Educational papers
- ✓ 1 x Question sheet

NEW

6 HOURS FORMAL LEARNING

Dr. Maurice K Easton (Consultant Paediatrician) offers a comprehensive presentation on the technique of examining children at different ages. He demonstrates in detail, examination for the chest, abdomen, head & neck in addition to describing the assessment of growth. A large number of clinical slides complements the presentation as Dr Easton describes some of the more common problems likely to be encountered in chiropractic paediatric practice. The material presented by Dr Easton in this DVD is the benchmark for clinicians of all disciplines who see children as patients.

CEA Member $ 230.00 / Non-Member $250.00

Assessment & Management of the Geriatric Patient

- ✓ Explanatory notes
- ✓ 1 x DVDs on the topic: "Senior Fitness Test"
- ✓ Educational papers
- ✓ 1 x Question sheet

NEW

6 HOURS FORMAL LEARNING

The functional assessment of Seniors is an important part of chiropractic practice. The DVD shows seven individual test items, provides safety tips and demonstrates how to test each item. Additionally, the module includes strategies to help prevent falls in our aging population.

CEA Member $230.00 / Non-Member $250.00

Therapeutic Taping

- ✓ Explanatory notes
- ✓ 1 x DVDs on the topic: "Sports Taping Basics"
- ✓ Educational papers
- ✓ 1 x Question sheet

NEW

4 HOURS FORMAL LEARNING

Taping is a significant clinical tool utilised by many chiropractors in helping prevent injuries and rehabilitate musculoskeletal conditions in both private practice and on the sporting field. The DVD demonstrates 22 specific taping procedures by showing the entire, uninterrupted process of taping the body part. The convenient DVD format makes it fast and simple for the chiropractor to find and select the specific taping procedure requiring review. This DE module is a spectacular learning tool and by practicing these procedures chiropractors will develop and refine effective taping techniques that will protect athletes and accelerate the rehabilitation process for both athletes and patients. This module reviews precautions and contra-indications to taping with commonly used tips for effective application.

CEA Member $145.00 / Non-Member $160.00

The Ultimate Back Assessment & Theurapeutic Exercise

Stuart McGill

- ✓ Explanatory notes
- ✓ 1 x DVD on the topics: 1. "Assessment" 2. "Therapeutic Exercise"
- ✓ Educational papers
- ✓ 1 x Question sheet

6 HOURS FORMAL LEARNING

Stuart McGill is a professor of spine biomechanics at the University of Waterloo (Waterloo, ON, Canada). His advice is often sought by governments, corporations, legal experts and elite athletes and teams from around the world. Difficult back cases are regularly referred to him for consultation. Professor McGill currently serves on the editorial board for the journals Clinical Biomechanics, Applied Biomechanics and Spine.

CEA Member $230.00 / Non-Member $250.00

The Neurological Examination

Charles Teo - Neurosurgeon

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "The Basic Neurological Examination" - presented by Dr. Charles Teo
- ✓ The 97-minute video covers topics such as the neurological examination for headache, low back and neck pain. Discussion also includes the examination findings in patients presenting with upper motor neuron lesions, including cervical myelopathy, radicular symptoms and cauda equina syndrome.
- ✓ 1 x Notes to video
- ✓ Educational papers
- ✓ 1 x Question sheet

6 HOURS FORMAL LEARNING

Dr Teo graduated in medicine from the University of New South Wales in 1980 and was appointed as a Fellow of the Royal College of Surgeons in 1992; teaching at the Sydney College of Chiropractic from 1982 to 1987 and from 1994 to1999. Dr. Teo is currently the Director of the Centre for Minimally Invasive Neurosurgery at the Prince of Wales Hospital in Randwick, Sydney and co-founder of the Cure For Life Foundation.

CEA Member $200.00 / Non-Member $230.00

Janda – Muscle Function Assessment & Treatment

Prof. Vladirmir Janda & Dr. Joanne Bullock-Saxton

- ✓ Explanatory notes
- ✓ 3 x DVDs on the topics: 1. "Assessment of Standing Posture and Muscle Form"
  2. "Muscle Length Assessment"
  3. "Sensory Motor Stimulation"
- ✓ Educational papers
- ✓ 1 x Question sheet

6 HOURS FORMAL LEARNING

Professor Vladimir Janda was an eminent neurologist and a specialist in rehabilitation, who influenced the approach to practice in a range of health disciplines in many countries of the world. Janda developed the concept of functional pathology of the motor system and his approach to the assessment and management of muscle imbalance remains seminal to many of the rehabilitation techniques utilised today. This module introduces the viewer/reader to many of the clinical protocols utilised by Janda.

CEA Member $230.00 / Non-Member $250.00

Soft Tissue Manipulation: According To Lewit

- ✓ Explanatory notes
- ✓ 1 x DVD "Soft Tissue Manipulation" - K. Lewit & A. Kobesova
- ✓ Educational papers
- ✓ 1 x Question sheet

3 HOURS FORMAL LEARNING

Karel Lewit is one of the co-founders of the Prague School of manual Medicine and Rehabilitation, an internationally renowned neurologist and an authority on manual medicine. This module introduces the viewer/reader to Lewit's "barrier phenomenon" and its relevance when assessing soft tissue in the clinic.

CEA Member $ 110.00 / Non-Member $ 125.00

Critical Thinking in Clinical Decision Making

- ✓ Explanatory notes
- ✓ 5 x Audio CDs: "Critical Thinking in Clinical Decision Making" - N. Bogduk
- ✓ Lecture Diagrams on Critical Reasoning
- ✓ Educational Papers
- ✓ 1 x Question sheet

5 HOURS FORMAL LEARNING

Please note, the primary focus of this module is to familiarise the chiropractor with the basic principles of epidemiology, critical reasoning, how to critically review the literature, and teach protocols to access the latest clinical evidence.

CEA Member $ 170.00 / Non-Member $ 190.00

Chiropractic & the Paediatric Patient

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Chiropractic and The Paediatric Patient"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Best practice recommendations for chiropractic care for infants, children, and adolescents: Results of a consensus process

CEA Member $ 145.00 / Non-Member $ 160.00

Chiropractic Education Australia

SPINAL ADJUSTMENT TECHNIQUE -

The Chiropractic Art Series

A new and exciting series of distance education modules which may be completed individually. The modules utilise educational material from the text "Spinal Adjustment Technique - The Chiropractic Art" authored by Stephen Esposito & Scott Philipson.

- ✓ A copy of the text can be purchased from CEA at a cost of $135 (including postage).
- ✓ Each module also includes accompanying papers and a question sheet.
- ✓ Module 1: Contra-indications & Complications of Spinal Manipulative Therapy
- ✓ Module 2: Diversified Technique for the Lumbar Spine & Pelvis

Module 1: Contra-Indications & Complications Of Spinal Manipulative Therapy

Please note: You need to have a copy of the book "Spinal Adjustment Technique – The Chiropractic Art" in order to complete this module.

6 HOURS FORMAL LEARNING

- ✓ Explanatory notes
- ✓ Educational Papers
- ✓ 1 x Question sheet

CEA Member $175.00 / Non-Member $200.00

Module 2: Diversified For The Lumbar Spine And Pelvis

Please note: You need to have a copy of the book "Spinal Adjustment Technique – The Chiropractic Art" in order to complete this module.

6 HOURS FORMAL LEARNING

- ✓ Explanatory notes
- ✓ Educational Papers
- ✓ 1 x Question sheet

CEA Member $175.00 / Non-Member $200.00

Mobilisation & Relaxation Techniques for the Extremities

Prof. Karel Lewit & Dr. Alena Kobesova

8 HOURS FORMAL LEARNING

- ✓ Explanatory notes
- ✓ 3 x DVDs on the topics:
  1. "The Upper Extremities – Part 1
  2. "The Upper Extremities – Part 2"
  3. "The Lower Extremities"
- ✓ Accompanying Booklets
- ✓ 1 x Question sheet

Karel Lewit is one of the co-founders of the Prague School of manual Medicine and Rehabilitation, an internationally renowned neurologist and an authority on manual medicine. This three - part DVD set presents a comprehensive approach to mobilisation and relaxation techniques for the extremities including self-treatment. Each DVD is accompanied by the complete text with photographs of all mobilization and relaxation techniques

CEA Member $270.00 / Non-Member $295.00

Risk Management Program

(Please Note: this material is a compilation of previous CEA Risk Management programs)

18 HOURS FORMAL LEARNING

- ✓ Explanatory notes
- ✓ 2 x DVDs:
  - Topic 1: "Spotlight on cerebro-vascular accident" (plus Summary Statement on the topic)
  - Topic 2: "Legal liability and the chiropractor"
  - Topic 3: "Malpractice avoidance for chiropractors"
  - Topic 4: "Three case studies" (incl. notes relating to the cases)
  - Topic 5: "Failure of pre-manipulative tests to diagnose patients who are vulnerable to vertebral artery accidents"
- ✓ Educational papers
- ✓ 1 x Question sheet

This is the ultimate module for chiropractors wanting to familiarise themselves with contemporary issues in risk management in chiropractic practice.
Presenters include Drs. Rand Swenson, Allan Terrett & John Kelly.

CEA Member $ 450.00 / Non-Member $495.00

Mobilisation & Relaxation Techniques in Pain of Spinal Origin

Karel Lewit MD DSC Alena Kobesova MD

- ✓ Explanatory notes
- ✓ 3 x DVDs on the topics: "The Head & Neck"
  "Thoracic & Lumbar Spine"
  "The Pelvis"
- ✓ Accompanying Booklets
- ✓ 1 x Question sheet

8 HOURS FORMAL LEARNING

Karel Lewit is one of the co-founders of the Prague School of manual Medicine and Rehabilitation, an internationally renowned neurologist and an authority on manual medicine. This three - part DVD Series presents a complex didactic approach to the mobilisation and relaxation techniques including self-treatment. It corresponds to Prof. Lewit 's book "Manipulative Therapy in Rehabilitation of the Locomotor System" and will be very useful for all chiropractors interested in new approaches to manage functional lesions in the spine.
Each DVD is accompanied by the complete text with photographs of all mobilization and relaxation techniques.

CEA Member $ 270.00 / Non-Member $ 295.00

Anatomy, Biomechanics, Examination & Rehabilitation of the Shoulder Complex

- ✓ Explanatory notes
- ✓ 1 x DVD: "Anatomy, Biomechanics, Examination & Rehabilitation of the Shoulder Complex" - Gregory Bennett
  (Please Note: that the information contained on the DVD is informative; however the quality of the DVD production is variable).
- ✓ Educational Papers
- ✓ 1 x Question sheets

6 HOURS FORMAL LEARNING

TOPICS COVERED IN THIS MODULE INCLUDE:

- Functional Examination of the Shoulder
- Chiropractic management of shoulder pain and dysfunction of myofascial origin using ischemic compression techniques
- Exercise in the treatment of rotator cuff impingement: A systematic review and a synthesized evidence-based rehabilitation protocol
- Effectiveness of small daily amounts of progressive resistance training for frequent neck/shoulder pain
- Self-management of shoulder disorders

CEA Member $ 200.00 / Non-Member $ 230.00

The Cervical Spine

- ✓ Explanatory notes
- ✓ 1 x DVD: "Application of Clinical Anatomy to Evaluation and Treatment of the Cervical Spine" - Carl DeRosa
  (Please Note: that the information contained on the DVD is informative; however the quality of the DVD production is variable).
- ✓ Educational Papers
- ✓ 1 x Question sheet

6 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Clinical considerations in the mechanical assessment of the cervical spine
- Clinical assessment of the deep cervical flexor muscles: The craniocervical flexion test
- Synovial folds and neck pain
- Upper crossed syndrome and its relationship to cervicogenic headache
- Chiropractic rehabilitation of the cervical spine

CEA Member $ 200.00 / Non-Member $ 230.00

Complete your CE the easy way!

Spondylolisthesis

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Spondylolisthesis"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Clinical classification of spondylolisthesis
- A comparison of the effectiveness of spinal manipulation for low back pain patients with and without spondylolisthesis
- Evaluation of the specific stabilising exercise in the treatment of chronic low back pain with radiologic diagnosis of spondylosis or spondylolisthesis

CEA Member $ 145.00 / Non-Member $ 160.00

Principles of Effective Headache Management

- ✓ Explanatory notes
- ✓ 4 x Audio CDs on the topic: "Effective Headache Management" - Craig Nelson
- ✓ 1 x Set of notes accompanying the CDs.
- ✓ Educational Papers
- ✓ 3 x Patient Self-Reporting Indexes
- ✓ 1 x Question sheet

6 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Cervicogenic headache: differential diagnosis
- Anatomy of the cervical spine with respect to head pain
- The tension headache, migraine headache continuum: A hypothesis
- A neurologist view on headaches
- Spinal manipulation in the management of tension-type migraine and cervicogenic headaches: The state of the evidence. Principles of effective headache management
- Headache diagnosis/management algorithms: differential diagnosis of headache, differential diagnosis of serious headaches & management of benign headache

CEA Member $ 180.00 / Non-Member $ 200.00

Lumbar Facet Syndrome

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Lumbar Facet Syndrome"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Clinical features of patients with pain stemming from zygapophyseal joints
- Lumbar facet syndrome: Spinographic assessment of treatment by spinal manipulative therapy
- The prevalence of chronic cervical zygapophyseal joint pain after whiplash
- The use of spinographic parameters in the differential diagnosis of lumbar facet and disc syndromes

CEA Member $ 145.00 / Non-Member $ 160.00

Chiropractic Management of Headache

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Chiropractic Management of Headache"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- The role of manual therapies for migraine
- The headache disability index
- Physical examination and self-reported pain outcomes for cervicogenic headache

CEA Member $ 145.00 / Non-Member $ 160.00

Chiropractic & Primary Health Care

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Chiropractic and Primary Health Care"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Defining primary care and the chiropractic physicians' role in evolving health care system
- Barriers to expanding primary care roles for chiropractors: The role of chiropractic as the primary care gatekeeper

CEA Member $145.00 / Non-Member $ 160.00

Scoliosis - Grand Rounds

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Scoliosis Grand Rounds"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- An algorithm for the management of scoliosis
- Decision making with scoliosis management
- Is physical activity contraindicated for individuals with scoliosis
- Exercises for managing adolescent scoliosis

CEA Member $145.00 / Non-Member $160.00

Understanding Fibromyalgia

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Understanding Fibromyalgia"
- ✓ Educational papers
- ✓ 1 x Question sheet

4 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- The pathophysiology of fibromyalgia
- Differential diagnosis of fibromyalgia syndrome
- Chiropractic management of fibromyalgia syndrome: a systematic review

CEA Member $145.00 / Non-Member $160.00

Focus On Chronic Pain

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Focus on Chronic Pain"
  The 60-minute DVD features Howard Vernon, D.C., Rand Swenson, D.C., M.D., Ph.D., discussing "Understanding chronic pain". Other presenters are Nelson Hendler, M.D.,M.S., Psychiatric Consultant, Department of Neurosurgery, John Hopkins Hospital, addressing the issue of "Commonly overlooked diagnosis in chronic pain patients", Stephen Burns, D.C., FCCS (C), Director, Saskatoon Back School, discussing "Practitioner-based approaches to the treatment of chronic pain" and Andrew Fischer, M.D., Ph.D., Associate Clinical Professor, Rehabilitative Medicine, Mt. Sinai School of Medicine, presenting "Quantitative diagnosis of myofascial trigger points".
- ✓ Educational papers
- ✓ 1 x Question sheet

5 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Pain-related fear and its consequences in chronic musculoskeletal pain
- Predicting central sensitisation in the whiplash patient
- Spinal Pain Syndromes: Nociceptive, Neuropathic and Psychologic Mechanisms

CEA Member $160.00 / Non-Member $175.00

Myofascial Pain and Trigger Point Therapy

- ✓ Explanatory notes
- ✓ 1 x DVD on the topic: "Myofascial Therapy and Trigger Point Therapy" - Philip B. Poole
  "Thermography in the Evaluation of Myofascial Pain Syndromes" – T. Conwell
- ✓ Educational papers
- ✓ 1 x Question sheet

6 HOURS FORMAL LEARNING

TOPICS COVERED INCLUDE:

- Myofascial pain in low back syndromes
- Understanding effective treatments of myofascial trigger points
- Chiropractic management of myofascial trigger points and myofascial pain syndrome

CEA Member $ 200.00 / Non-Member $ 225.00

CHIROPRACTIC EDUCATION AUSTRALIA

DISTANCE EDUCATION MODULES

ORDER FORM

All our DE Modules are rated FORMAL LEARNING HOURS and can be utilised for the mandatory national registration requirements.

DISTANCE EDUCATION MODULES: The question sheet should be completed and returned for marking to CEA where the results will be forwarded to the practitioner &/or CAA &/or COCA.

PLEASE NOTE: THE LISTED COST IS PER INDIVIDUAL PER MODULE. Question sheets may not be photocopied and lodged for marking by persons other than the individual who purchased the module.

CEA Membership $55.00 for 2011/2012 period.

Name of Module	CEA	NonCEA	Amount
CEA Membership $55 (optional)			
Postage & Handling included within Australia		**Total:**	$

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Thank you for your order.